

Regular clinics throughout the area:

- Our staff are specially trained
- We offer a friendly, informal service
- All matters discussed in the strictest of confidence
- People of any age are welcome to attend

We Offer:

- Pregnancy Tests
- Smear Tests
- Breast Examination
- Free Contraception
 - Combined Pill, Progesterone only pill
 - Patch
 - Emergency Pill
 - Coil (IUCD / IUS)
 - Injectable
 - Cap
 - Condoms (for men and women)
 - Implants
- Sterilisation Counselling
- Termination Counselling
- Specialist Clinics: Menopause, Sexual Clinics
- Advice on premenstrual tension (PMT), menopause, safer sex, HIV and AIDS, pre-pregnancy

CONTRACEPTION and SEXUAL HEALTH SERVICE

Administration Office:
North Ormesby Health Village
11a Trinity Mews
North Ormesby
TS3 6AL
Tel: 01642 459583
(24hr answering machine)

CONTRACEPTION & REPRODUCTIVE HEALTH SERVICE

North Ormesby Health Village, 11 Trinity Mews, North Ormesby, Middlesbrough TS3 6AL

Telephone: 01642 459583 (24hr answering machine)

CLINIC TIMETABLE

Appointments are not necessary for any of the clinic sessions listed below

Monday

The Clinic, Hall Close, Marske	10.00am – 11.30am
Under 20's Clinic, Cleveland Health Centre, Middlesbrough	6.00pm – 7.30pm
Health Village, Trinity Mews, North Ormesby	6.30pm – 8.00pm
Redcar Health Centre, Coatham Road, Redcar	6.30pm – 8.00pm
Fabian Road Clinic, Eston	6.30pm – 8.00pm

Tuesday

Health Village, Trinity Mews, North Ormesby	10.00am – 11.30am
The Clinic, Birtley Avenue, Acklam, Middlesbrough	4.30pm – 6.00pm
Cleveland Health Centre, Middlesbrough	6.00pm – 7.30pm
The Childrens Centre, Huntcliffe School Campus, Marske Mill Lane, Saltburn	6.30pm – 8.00pm
South Bank Health Shop, South Bank (1st Tuesday Each Month)	6.30pm – 8.00pm

Wednesday

Health Village, Trinity Mews, North Ormesby	10.00am – 11.30am
Fabian Road Clinic, Eston	6.30pm – 8.00pm

Thursday

Health Village, Trinity Mews, North Ormesby	6.30pm – 8.00pm
Guisborough Maternity Hospital, Church Lane	6.30pm – 8.00pm

Friday

The Clinic, Birtley Avenue, Acklam, Middlesbrough	10.00am – 11.30am
Cleveland Health Centre, Middlesbrough	6.00pm – 7.30pm

Saturday

*Saturdays (for under 25's and emergency contraception only)	
Cleveland Health Centre, Middlesbrough	12.15pm – 2.15pm

Emergency Contraception is also available at weekends and on Bank Holidays from James Cook University Hospital, Marton Road, Middlesbrough, Telephone: 01642 854519 to arrange to be seen.

Some Pharmacies also dispense free Emergency Contraception but it is advisable to phone before attending to ensure your local pharmacy participates in this scheme.